

## **How to benefit from a health screening programme?**

### 1. JSIS cover

- Are your JSIS membership rights in order?
- Are you a member of the JSIS on a primary basis?
- Or affiliated on a complementary basis?

### 2. Age

- At least 18 years

### 3. Periodicity

- Depending on your gender/age

### Step 2: Select one of the options

#### 1. In an approved centre (with whom the JSIS has concluded an agreement)

•**Either** you complete the whole screening programme in an approved centre:

- Initial consultation
- All examinations prescribed under the programme
- Final consultation.

•**Or** you ask the doctor of your choice for the initial/final consultations

**and** you carry out all the examinations prescribed in your programme in an approved centre.

#### 2. In a non-approved centre

•**Either** because it is impossible to choose an approved centre (i.e. not available in the country of posting or residence).

•**Or** because you prefer to go to a centre of your choice.

### Step 3: request a letter of invitation

Even if you have already used the preventive medicine system in the past, it is important to now request a letter of invitation to the new health-screening programmes.

•If you are in active employment in the institutions and agencies, you can request the invitation letter for yourself and possibly for your spouse and/or children, via the JSIS online application;

•If you are no longer in active employment (e.g. pensioners, etc.), you can request the invitation letter for yourself and possibly for your spouse and/or children:

- via JSIS online;

- by clicking on the "Contact us" button on the right on this page;
- by telephone: + 32 2 295 38 66 — Monday to Friday from 9:30 to 12:30;
- by post: European Commission — JSIS Brussels — Health Screening — 1049 Brussels.

You will receive the following documents:

1. The letter of invitation
2. A note to the doctor
3. Your gender/age screening programme; to be completed and signed by the doctor and by you during the initial consultation (Annex 1)
4. A declaration related to your participation in the screening programme (Annex 2)

### Note

- Read all the documents you receive.
- The invitation letter:
  - is valid for a maximum of 18 months,
  - does not mention the name of the screening centre.
- If you are no longer covered by the JSIS when carrying out your screening programme;
  - your letter of invitation will become invalid,
  - all costs will be borne by you.
- It is the date of the last examination carried out in the framework of your screening programme which determines the reopening of your right to, and the periodicity for, the following screening programme;**
- If the deadline for your invitation has expired (i.e. 'valid until') and you have not yet started your screening programme, it is possible to change the date of validity;
  - **you are in active employment:** request the change of date, by clicking on the "Contact us" button on the right on this page.
  - **you are not in active employment,** have the change made for you via the department "Relations with members — JSIS Front Office":  
by clicking on the "Contact us" button on the right side of this page, by calling: + 32 2 295 38 66 — Monday to Friday from 9:30 to 12:30.

### Step 4 : Passing the tests

The tests provided for in the programme (Annex 1 to the letter of invitation) are grouped under two headings:

1. "Standard tests"
  2. "Possible additional tests" without prior authorisation
- "Possible additional tests" subject to prior authorisation (due to the

frequency foreseen in our rules not being complied with). If they are prescribed:

- you will need to apply for prior authorisation from the JSIS
- they will be invoiced to you
- you will have to pay them yourself
- If you obtain authorisation, you will be able to apply for a reimbursement at the rate of 100 % via the JSIS reimbursement procedure of type "health screening programmes". If not, the costs will be reimbursed at the usual rate by applying for a normal reimbursement.

If tests, which are not part of the programme, are prescribed:

- you will need to apply for prior authorisation from the JSIS
- they will be invoiced to you
- you will have to pay them yourself
- if you obtain authorisation, you will be able to apply for reimbursement at the rate of 100 % via the JSIS "Health screening programmes" reimbursement procedure. If not, the normal rules for reimbursement will apply.

If you do not respect your appointments:

- service providers will be able to claim compensation
- this compensation allowance will not be reimbursed by the JSIS.

**Note:** The principle of excessive costs will apply to the fees of all medical services performed outside approved centres and/or outside the programmes.