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You can also find INFO SENIOR in five languages on

My IntraComm

<https://myintracomm.ec.europa.eu/retired/en/Pages/Info-Senior.aspx>

“Active Senior”: why not give it a try?

The Commission values the expertise of former officials They may therefore take part in certain activities within a Commission department, subject to certain conditions. Find out more!

What is the Active Senior initiative?

It is a scheme whereby former Commission officials can volunteer to take part in unpaid assignments or activities carried out within the Commission. It aims to encourage the Commission to draw upon the skills of retired staff, whatever their level of seniority at retirement. The initiative only concerns former officials and other staff in receipt of a retirement pension from the Commission. The Directorates-General are responsible for defining the areas of activity. These can be very varied:

- information, policy presentation, conference participation, focus groups;
- political expertise, advice and participation in specific task forces;
- technical expertise, technical opinions on projects/programmes, project evaluation, policy formation, technical assistance for new enlargement countries and neighbouring countries, surveys, market analysis, specification drafting;
- training, animation, mentoring, educational assistance;
- participation in competition selection boards, selection panels, test marking
- general administrative assistance, handovers.

This list is not exhaustive; other areas may be added depending on the needs of individual services.

► **Certain rules must be followed by the services concerned**

The “Active Senior” may not be employed to assume direct responsibilities nor in a role which involves decision making. He/she may not be authorised to represent the Commission in an official capacity, to take part in negotiations with an external body, or to participate in meetings at which he or she would enter into contractual obligations for the Commission. The “Active Senior” may not replace a serving official. Officials must retain control over and responsibility for activities undertaken by their departments. Using the expertise of a former official may bring added value; it must always be seen as an optional extra.

dence, some costs are reimbursed, e.g. accommodation and travel costs.

The “Active Senior” is covered by accident insurance and has access to all buildings for the duration of the agreement.

The “Active Senior” must act with integrity and discretion, as required by the Staff Regulations (Article 16). In this respect, he/she must sign a declaration of absence of conflict of interest between any external activity and the activity carried out under the agreement.

There is no age limit or time limit following retirement.

Several agreements may be signed by an “Active Senior” with different services provided the timing of the activities are compatible.

Are you interested?

If you are interested in taking part, the first step is to alert your last hierarchy and express your interest directly with the units likely to be interested in an Active Senior agreement as it is the service concerned who is responsible for launching a request for an Active Senior.



Active Senior website

In practice . . .

An agreement must be signed between the former official and the Directorate-General where the activities are to be undertaken as part of the Active Senior initiative. The agreement specifies the nature of the activity, the duration and the reimbursement of any costs.

If the activity is undertaken outside the retired official’s place of resi-

Active Senior website: <https://myintracomm.ec.europa.eu/staff/EN/talent-management/staff/active-senior/Pages/index.aspx> click on “Active Senior” on the right-hand side of the page for all the key information such as Vademecum and guidelines related to the “Active Senior” initiative

For further information:
HR-ACTIVE-SENIOR@ec.europa.eu

Life declaration

#31-PMO-0001

The PMO sends you a request for a life declaration every two years (or annually from the age of 80). This declaration is extremely important, as it allows the PMO to justify the payment of your pension. If you do not respond, payment of your pension could be temporarily suspended.

We would like to inform you that the PMO is now able to use data collected via JSIS to extend the validity of your life declaration and by default defer the date on which this request is sent to you. These data collected via JSIS include requests for direct billing, prior authorisations, and reimbursements relating to medical visits and examinations.

As a result of this development, the frequency with which you will be asked for a life declaration may vary depending on these data. It is therefore not necessary to send us a life declaration if you do not receive a request from us. Please be assured that under no circumstances will we suspend payment of your pension without a prior reminder from us.

If you need to send us a life declaration, the procedure is as follows:

In the declaration section, carefully check all your personal information and update it if anything has changed. The certificate section must be completed by a doctor or a legal authority.

For more details on how to submit your life declaration, please refer to the guide and/or explanatory video available on our platform:



<https://myintracomm.ec.europa.eu/staff/EN/working-conditions/end-of-service/retirement/Pages/you-are-a-pensioner-and-you-have-a-question.aspx>



Life declaration info

If you have submitted a life declaration when it was not requested, your declaration will be recorded as 'optional'. Please note that the life declaration for a spouse is still required.

📞 Numéro unique PMO :
+32 229 11 111

#31-PMO-0002

Temporary changes to bank account update process



FILIP

Due to upcoming changes of the accounting system, updating your bank account details will be difficult until 1 February 2025.

While bank account changes can typically be scheduled in advance, we understand that unforeseen circumstances may require urgent

updates. Should such a situation arise, please notify us via FilIP application (<https://europa.eu/LFIP>) and we will do our best to make the necessary changes. However, please be aware that due to the above-mentioned technical constraints, processing times for these requests may be extended during this period.

#31-PMO-0003

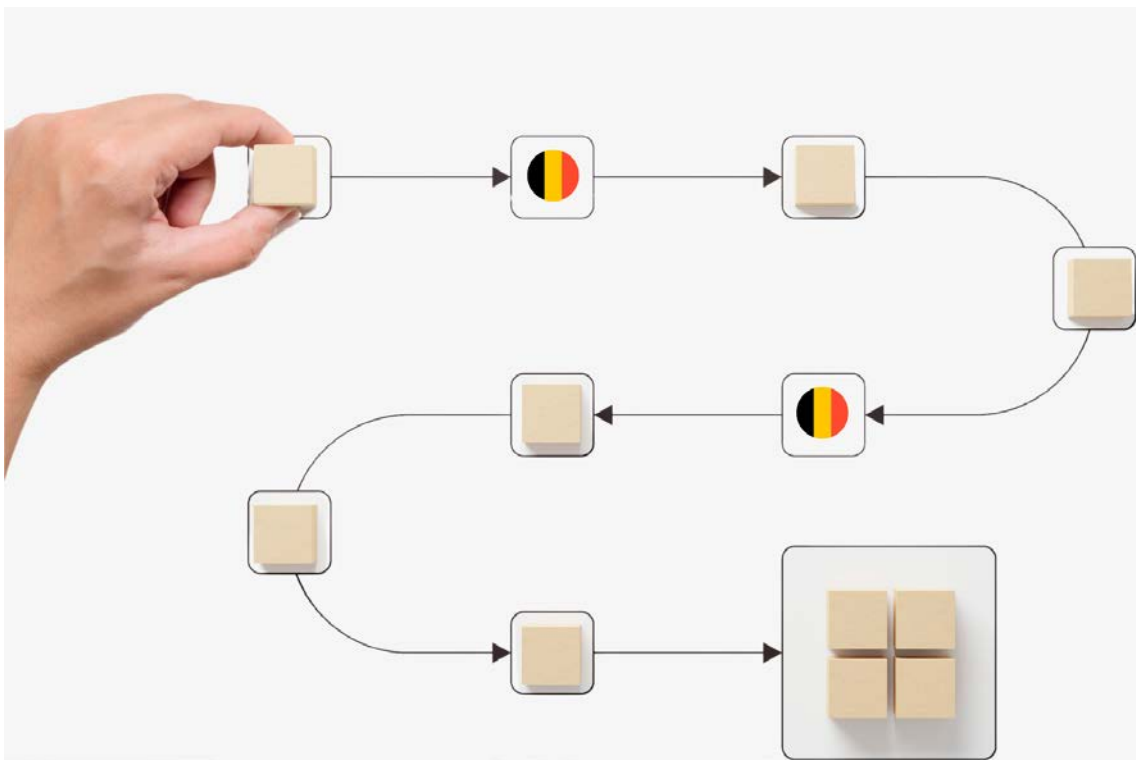
Automatic update to Belgian family allowances

Are you aware of the recent automatic update to Belgian family allowances? You can check your data in SYSPER.

In June, retired staff whose Belgian family allowances were modified received an email notification via SYSPER concerning automatic updates to their allowances. This update applies to allowances from September 2023 for Flanders, and November 2023 for Brussels and

Wallonia. You can now view the result in SYSPER (under 'MENU > My File > Rights & Privileges > My Individual Rights (Annex VII)').

By clicking on the green 'Show history' button and then on the name of your child, you will be able to see the new amounts of family allowances that will be deducted on your pension slip (under the code 'AEA'). Please check whether this amount



corresponds to the payment made by the Belgian Family Allowances Fund.

Show history

In the coming months, the PMO will process the previous indexations (going back five years). For each future indexation of Belgian family allowances by the different regions, the PMO will update them automatically.

For convenience, we have prepared a summary of the **Belgian family allowance amounts**, showing the amounts paid by region. If you notice a difference between the amounts in SYSPER and those paid by the Fund (check the official document provided by the Fund, not the bank statement), please contact us as indicated below. All regions make retroactive payments in the month following indexation (e.g. the indexation for May 2024 is paid in June 2024).

Updates are shown on your pension statement. We have prepared a document explaining these in detail: **[‘How to understand a debt linked to ‘allowances paid from other sources’ in your salary slip’](#)**.

More detailed information can be found on the Staff Matters page.

As always, PMO colleagues are available to answer your questions and assist you. You can contact us by telephone on **+32 291 11 11** from 9.30 to 12.30, Monday to Friday, or using the Staff Contact portal.

Interacting with the PMO on the go – easier, faster, simpler

Today the Paymaster Office is replacing **PMO mobile** with a new mobile app, **MyPMO**, available both via your internet browser and as a mobile app. MyPMO thus becomes the simplest and fastest way for EU active and post-active staff to manage their health-related expenses, putting your JSIS health insurance in your pocket, at your disposal 24/7 wherever you are. With a phone, tablet or computer, your most frequent requests on RCAM online will be easier to submit, without having to scan, save and find each document.

New features of the MyPMO mobile app

MyPMO includes a totally revamped, simplified navigation, a responsive design that makes it easier and faster to claim medical expenses, while guiding you step by step through the process in a user-friendly manner. You can now access your **recent items** from the home screen and add the services you most use as **favourites**.

Even on the go, leaving the doctor's office or the pharmacy, simply hit the MyPMO icon, enter the data, and take a picture of the invoice using the built-in feature to add supporting documents.

You can check the status of your claims and visualise your account sheets and reimbursed amounts at any time. MyPMO allows you to ask a question about your account sheets with a single tap on the yellow bubble icon visible next to each account sheet. It opens a pre-filled form for you to type and submit your question without having to connect to Staff Contact.


Using a mobile device instead of a computer significantly reduces your carbon footprint - by up to 80 times for a mobile phone.

Scanning, attaching and sending documents via email, as well as saving them in several places when introducing claims leaves a



small carbon footprint every time. The PMO receives, mainly via JSIS online or paper claims, 3 million claims every year, most of them with attached documents with multiple pages. All this results in unnecessary CO2 emissions.

Using MyPMO is the green alternative contributing to effortlessly reducing these emissions.

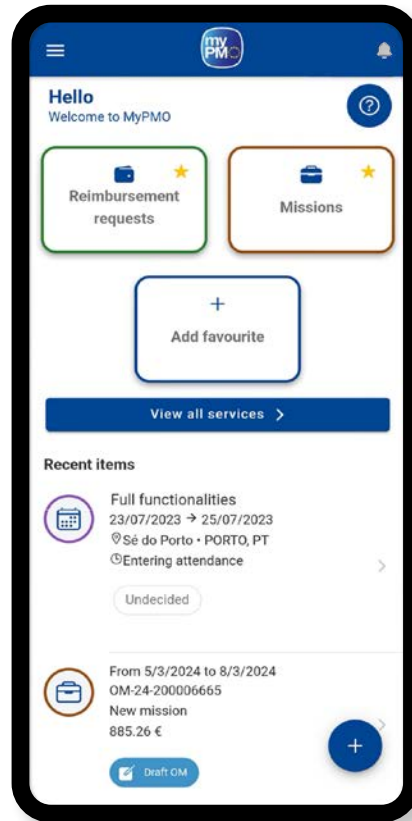
Thanks to the help button , you can contact PMO services or mail the support team if you face any issue with the app.

What about JSIS Online?

If you prefer to use your PC or laptop to access JSIS / RCAM Online, **you can continue to do so.**

How to access MyPMO

MyPMO is a mobile app downloadable from the Apple Store and Google Play by scanning the below QR codes:



It can also be accessed using any web browser at: <https://mypmo.europa.eu>

#31-SEPS-0001

The SFPE-SEPS has had a face-lift – tell us what you think



SFPE-SEPS
E-mail



SFPE-SEPS
Website

Without erasing everything our honorary president and founder Serge Crutzen has put in place since the beginnings of our current association in 2008, and thanking him for his tireless commitment, we have opted for a new look. We are pleased to be able to let you know about some changes following on from this.

pensioner like other retired staff, enabling him to understand the administrative problems that our members may encounter sooner or later, and therefore to provide useful assistance.

New logo

As part of our new look, our logo also needed to be updated. The old logo no longer met technical standards. We put our trust in the expertise of OIB colleagues, who gave us professional guidance with the goal of clearly highlighting our European identity as a non-profit association.

New meeting venue

SFPE-SEPS took the decision, like most Commission bodies, to use the European Interinstitutional Centre in Overijse as a matter of course for its various meetings. This also helps to promote the Centre, which is located in a green setting whilst being close to Brussels.

Changes to communications

- We have given our Bulletin a new look, making it much more readable and colourful whilst retaining its interesting content. The basic intellectual concept has not changed.
- For electronic communications, we have recently adopted modern tools that allow us to circulate quickly mass emails directly to our members.



New President

On a proposal from the Administrative Board, the SFPE-SEPS General Assembly elected a new President, whose name is not completely unknown to you: Mr Pieter KERSTENS, who began his career at the European Commission at the current Digital Services, then moved to Financial Control (former DG 20), and completed his career as a member of management at the PMO. At the same time, he vigorously defended the interests of staff in the Interinstitutional Staff Regulations Committee. The new President is a

- The SFPE-SEPS website continues to evolve and be updated in line with current trends, to make it even more attractive. In addition to the existing versions in French and English, Italian and German versions will be available soon.

Indeed, 2024 is a year of modernisation, with a view to improving our service to you, but always safeguarding our Association's primary objective: defending the rights of retired staff and invalids.

Contact us

We are easily reachable by telephone on **+32 475 47 24 70**, by email via info@sfpe-seps.be, and via our website at <https://sfpe-seps.be/en/welcome/>. In case of emergency, we are at your disposal with an on-call service 24 hours a day, 7 days a week.

Thank you in advance for any comments and suggestions that you would like to share in the near future to inspire us to do even better in providing you with useful assistance.



What is EU Login used for?

#31-AIACE-0001

An EU Login account or access is the key to accessing the Commission's secure applications, as it allows you to identify yourself with the required degree of certainty, as for banks. Although at first glance the procedure for obtaining this access may appear complex, in reality you need only your email address, a computer

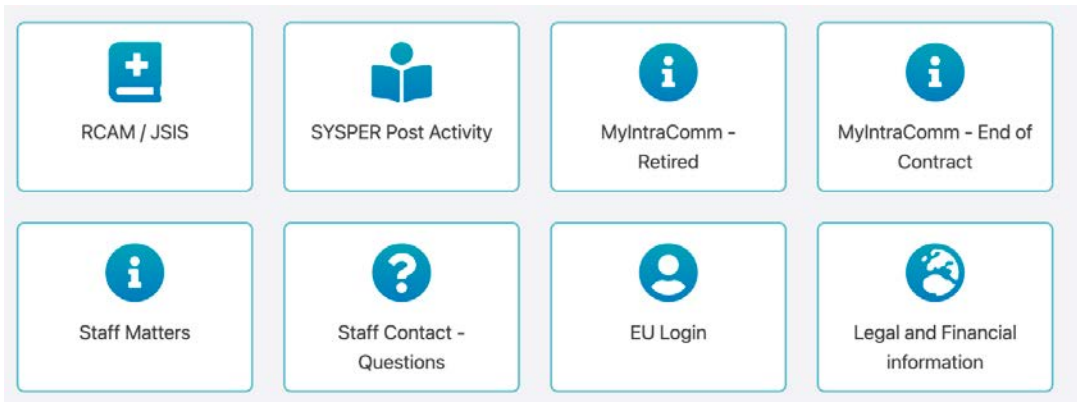
or iPad/tablet, a simple mobile phone (to receive SMS messages) and your pension number. And if needed, help is available!

EU Login gives you access to many portals. The main ones are: From the My Remote Menu: <https://myremote.ec.europa.eu>



EU Login

- ▶ These are the most useful options for retired staff:



- **RCAM/JSIS** or **MyPMO** – two applications that allow you to electronically encode and send your requests for reimbursement of medical expenses, prior authorisations, direct billing, and invitations for screening;
- **SYSPER Post Activity** enables you to consult your pension statements and (except for the EP, CoJ and EESC) generate tax certificates, change/add/complete your personal and family details, and submit a life declaration;
- **MyIntraComm – Retired** brings together a wealth of information specifically for retired staff, with links to the European Commission’s intranet packed with news, articles, small ads, and interesting and useful information on practical, legal and leisure matters;
- **Staff Matters** deals with health, family and administrative matters, and enables you to ask the administration specific questions;
- **Staff Contact – Questions** displays the history of questions asked via Staff Matters and the PMO’s answers.

Are you interested? Take a look at a simple guide to creating an EU Login from the AIACE International website:

<https://aiace-europa.eu/site-content/uploads/2024/07/CREATION-OF-EU-LOGIN-EN-07-24.pdf>.

📄 Website of the AIACE International conference: <https://aiace-europa-assises.eu>

📄 AIACE International
 Telephone : +32 2 295 29 60
 e-mail : aiace-int@ec.europa.eu
<https://aiace-europa.eu>

Re-open a request for reimbursement, the day of its creation, in “JSIS online” or “MyPMO”

Sometimes, just as we have sent off a request for reimbursement of some medical bills, we realise that we forgot to attach a document, introduced a wrong date or amount or some other little mistake. Until now, we have then either risked having our reimbursement refused or we have been obliged to contact PMO, which has caused unnecessary work for both us AND PMO.



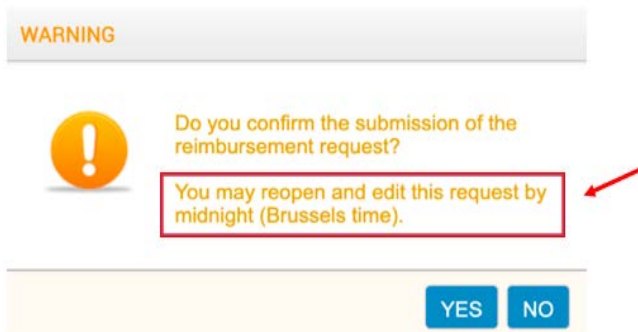
RCAM



MyPMO

PMO has now created a solution to this problem in both JSIS online (access via <https://webgate.ec.europa.eu/RCAM>) and MyPMO (<https://webgate.ec.europa.eu/MYPMO>) which enables you to correct any mistakes in your request – until midnight the same day (Brussels time).

You will in fact be alerted to this new possibility already in the message you receive when you are ready to submit your request for reimbursement:



If you realise later - but still before midnight on the day you submitted your request - that something needs to be corrected, you just return to your request

- In JSIS online : in the printing menu, click on
- OR in “My Request”, click on the blue arrow next to the magnifying glass
- In MyPMO, click on

#31-AIACE-0003



Communication from AIACE International – AIACE now has two new sections: Poland and Czechia



AIACE
website



EU LOGIN
website



Helpdesk
website



Contacts
website

Retired staff in these two countries took the initiative to create a new section in their respective countries. Following inaugural sessions in Prague and Warsaw, the Administrative Board of AIACE International officially confirmed the establishment of these two sections.

Poland section

After introductions by Panos Carvounis, vice-president of AIACE International, and Didier Hespel, Bureau member, the Polish Section held its inaugural meeting on 17 September 2024 and elected Leszek Madeja as president, Andrzej B. Podadowski as vice-president, Helena Latomski as secretary-general, and Kamilla Krysinska-Przygocka as treasurer. They appointed their representatives to the Administrative Board of AIACE International, and set up a small working group to draft the basic texts (statutes, rules of procedure and financial rules), both for AIACE and for registration as a national association.

Several retired staff, and even active persons close to retirement, have already signalled their intention of joining the new section.

Welcome to our Polish colleagues!

Czechia section

President D. Deshayes visited Prague on 8 October 2024 for the inaugural meeting of the new Czech section, and presented the association, its work programme, its challenges and its roles. After a debate with questions and answers, the assembly elected Otto Pacholik and Stanislava Boudova as president and vice-president respectively.

The new section will now appoint its representatives to the Administrative Board of AIACE International, and draft the basic texts (statutes, rules of procedure and financial rules), both for AIACE and for registration as a national association.

Several retired staff have already expressed their interest in the new section.

Welcome to our Czech colleagues!

Website of the AIACE International conference : <https://aiace-europa-assises.eu>

AIACE International
Telephone : +32 2 295 29 60
e-mail : aiace-int@ec.europa.eu
<https://aiace-europa.eu>